Providing access to clinical trials for veteran and active-duty military patients can be a challenge, but a significant number of trials are now recruiting patients from those patient populations. More than 51,000 open trials are listed on the ClinicalTrials.gov website. Many explicitly recruit patients from the VA (212 studies), the military (132 studies), and IHS and native health organizations (4 studies). The VA Health Services Research and Development department alone sponsors > 250 research initiatives, and many more are sponsored by Walter Reed National Medical Center and other major defense and VA facilities. The clinical trials listed below are all open as of February 22, 2017, and are focused on the treatment of multiple sclerosis (MS) and other neurologic disorders. For additional information and full inclusion/exclusion criteria, please consult https://clinicaltrials.gov.

Open Clinical Trials for Patients With Multiple Sclerosis

**Integrating Caregiver Support Into MS Care (MS Caregiver)**

With loss of mobility in MS comes an increase in amount and types of caregiver assistance, with a concomitant increase in burden for the caregiver. This feasibility study will test integration of a successful behavioral caregiving intervention into clinical practice to improve functioning of veterans with MS and their caregivers. Caregivers of veterans with MS will receive a behavioral caregiver intervention designed to address caregiver coping and management of patient concerns, with special focus on patient mobility and walking. A pre-post intervention design will compare outcomes for veterans and caregivers.

ID: NCT02835677
Sponsor: Memphis VA Medical Center
Contact: Linda O. Nichols, PhD, linda.nichols@va.gov, Jennifer L. Martindale-Adams, jennifer.martindale-adams@va.gov

**Study and Treatment of Visual Dysfunction and Motor Fatigue in Multiple Sclerosis**

Primary fatigue represents a major cause of disability in patients with MS, being reported in about 90% of cases. The investigators propose a characteristic eye movement abnormality (internuclear ophthalmoparesis), commonly encountered in MS, as a simple model for primary motor fatigue. The investigators propose a medical treatment to improve ocular performance/fatigue in internuclear ophthalmoparesis, which can reduce visual disability and improve quality of life in veterans with MS.

ID: NCT02391961
Sponsor: VA Office of Research and Development
Location (contact): Louis Stokes VA Medical Center, Cleveland, Ohio (Holly B. Henry)

**Dysport Treatment of Urinary Incontinence in Adults Subjects With Neurogenic Detrusor Overactivity Due to Spinal Cord Injury or Multiple Sclerosis**

The purpose of this study is to provide confirmatory evidence of the safety and efficacy of 2 Dysport (AbobotulinumtoxinA) doses (600 units [U] and 800 U), compared to placebo in reducing urinary incontinence in adult subjects treated for neurogenic detrusor overactivity due to spinal cord injury or MS.

ID: NCT02660138
Sponsor: Ipsen
Location (contact Ipsen Recruitment Enquiries, clinical.trials@ipsen.com): VA Long Beach Healthcare System, California, VA Palo Alto Health Care System, California, Raymond G. Murphy VAMC Albuquerque, New Mexico, Louis Stokes Cleveland Veterans Affairs Medical Center, Ohio

The MS REACH clinical trial is an extension on the Resources for Enhancing All Caregivers Health REACH program. Based on more than 20 years of research, REACH initially was funded by the VA in 2011 to work with caregivers of patients with Alzheimer disease. After its initial success the program expanded to include caregivers of patients with spinal cord injury and more recently amyotrophic lateral sclerosis, multiple sclerosis, and posttraumatic stress disorder. The REACH program is available across the VA, especially for rural locations, according to Linda O. Nichols, PhD, and Jennifer Martindale-Adams, EdD.

In REACH, caregivers receive 4 hour-long sessions (can be by telephone or in-person at a VA facility or in the home) optional additional sessions, and maintenance sessions if desired. The focus of the sessions depends on caregiver needs but often focuses on problem solving, stress management, cognitive reframing, and risk assessment. Nurses, social workers, counselors and psychologists can receive REACH training that is approved for 3.0 continuing education unit (CEUs) credits from the Memphis Caregiver Center and the VHA Employee Education System for caregiver support.